

Three Rivers Dharma Center

201 S. Craig St Pittsburgh PA 15213 (entrance on Henry St)
Tibetan Buddhism in the Drikung Kagyu Tradition



Khenmo Trinlay

of the Tibetan Meditation
Center in Frederick, Md

“The Jewel Ornament of Liberation”

Saturday March 27 10am-3pm

“De-mystifying Tantra”

Sunday March 28 10am-3pm

“The Jewel Ornament of Liberation”

Gampopa’s “The Jewel Ornament of Liberation” provides a complete foundation of Buddhist study and practice, starting with the initial entry into the path. Previously Khenmo has taught up to chapter 11; on Sunday she will continue from there. On Saturday she will give a unique teaching that explains Vajrayana practices in terms an American can understand!

All are welcome. Suggested donation \$25 each day.
Give what you can, no one is turned away.

For more information, visit threeriversdharma.org; or
write us at threeriversdharma@gmail.com.

Khenmo Trinlay Chodron has studied with Khenchen Rinpoche Konchog Gyaltsen since 1990. In 1997 she took monastic vows, and was ordained as a Gelongma in 2004. In December 2006, she was honored with the title of "Khenmo" in a letter from His Holiness Drikung Kyabgön Chetsang Rinpoché. Khenmo Trinlay is only the second woman in the lineage honored with this title. She spent years in service to the Tibetan Meditation Center in Frederick, Md., and has edited many of Khenchen Rinpoche's publications, including "The Jewel Ornament of Liberation".